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Dear patient,

We have received a request to perform a Functional Capacity Evaluation. This is a test of your physical abilities to perform work-related functions such as sitting, standing, walking, climbing, bending, reaching etc. We have scheduled your test for .

Time: The test will take approximately **4 hours**.

Dress: You will need to wear clothes that are comfortable for moving and bending and non-slip shoes such as tennis shoes or sneakers. Please do not wear sandals, flip flops, or open toed shoes.

Medications: If you take medications for a medical condition or anti-inflammatory drugs such as Ibuprophen, or Motrin, you should continue taking these drugs for the test. If you take narcotics, muscle relaxants, or other pain medicines you should contact us **BEFORE** the test to determine whether to take these drugs for the test. Please bring a complete list of the drugs you take to the test.

Family Members Present: We would prefer that members of you family wait in our lobby during the test or leave and return to pick you up after the test is over. We are not able to provide child supervision. If this will be a problem for you, please contact us.

What to expect: You will be asked to work to you maximum physical abilities on this test but you will not be expected to go beyond you safe maximum. The clinician administering this test has been trained to observe for signs of maximum effort and will not allow you to exceed this level. If at any time you feel you need to stop the test you will be allowed to do so. Our purpose is to provide an objective, unbiased assessment of you current abilities.

Please feel free to call if you have any questions or issues you wish to discuss prior to the test.

Sincerely,

Columbus Hand Therapy